

Success Stories

USING TECHNOLOGY TO IMPROVE QUALITY OF LIFE

With three compressed fractures in his lower back and osteoporosis, Charles Spafford was in a lot of pain. A back brace and regular doses of pain medication brought little relief for the Watertown man. Then, his family practice physician, Dr. Frederick Gremmels, recommended a new minimally invasive procedure called kyphoplasty used to stop pain, offered at Watertown Regional Medical Center. Dr. Mark Bakalars, a specialist in diagnostic, vascular and interventional radiology, successfully performed the pain-relieving procedure, eliminating a need for invasive back surgery.

Spafford says, "This procedure was a wonderful thing because it was painless, recovery time was short and relief was instant."

KEEPING ONE HEART BEATING



BRIAN ULM CONTINUES TO ENJOY BIKING WITH HIS FAMILY.

In good health and just 43 years old, Brian Ulm was an unlikely candidate for heart and vascular problems. But the Watertown man suffered a mild stroke earlier this year and underwent a range of diagnostic tests, including pulmonary testing, heart diagnostic catheterization and advanced echocardiograms at Watertown Regional Medical Center's new surgical addition.

Upon reviewing the tests, Dr. Patrick Hughes, a UW Health cardiologist who practices at our Heart and Vascular Center, determined that Ulm had been born with holes in his heart, as well as veins that were reversed from the right side of his heart to the left. These conditions could only be corrected through open heart surgery. Dr. Nilto De Oliveira, UW Health cardiothoracic surgeon, performed Ulm's open heart surgery in Madison, and the operation was a success, with no serious complications. Follow-up cardiac rehabilitation at Watertown Regional Medical Center is helping Ulm return to his normal life.

STANDING BY TO SERVE YOU AND YOUR FAMILY

For more information about the physicians who practice at UW Health Partners Watertown Regional Medical Center, contact our physician referral line at (920) 262-4298.

UW Health Partners
Watertown Regional
Medical Center

125 Hospital Drive, Watertown, WI 53098
(920) 262-4298
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2008 REPORT TO THE COMMUNITY

Providing the Best in Healthcare to Our Patients

UW Health Partners
Watertown Regional
Medical Center

PROVIDING THE BEST IN HEALTHCARE

Welcome to UW Health Partners Watertown Regional Medical Center, where leading-edge technology and world-class expertise go hand in hand with personalized, compassionate care. For more than a century, area individuals and families have trusted our healing environment. Our caring physicians and staff have celebrated the joys of new life with you and provided care and comfort in times of serious illness. And we look forward to serving your healthcare needs for generations to come.

BETTER TOGETHER



JOHN KOSANOVICH,
PRESIDENT AND CEO

What a difference 100 years can make! We first opened our doors as a small, 16-bed hospital on Main Street. Now a century later, we are a regional medical center with comprehensive services, the latest technology, and multiple primary and specialty care clinics serving the healthcare needs of patients throughout Dodge and Jefferson counties.

Over the years, we've grown with the community — always focusing on bringing the best in healthcare to you. We've kept pace with the latest medical innovations and treatments and expanded our facilities and reach so that receiving high-quality care was as convenient as possible. In the last decade alone, we added:

- Centers of Excellence in women's health and bone and joint health
- A state-of-the-art Heart and Vascular Center
- A surgical and critical care wing expansion
- Clinics in Watertown, Juneau, Lake Mills, Johnson Creek, Ixonia and Waterloo
- Senior housing in Watertown and Waterloo
- Mental health counseling
- Wellness and prevention services
- A unique cancer care partnership at the UW Cancer Center Johnson Creek

Just recently, we teamed with UW Health — one of the most respected healthcare leaders in the nation — to bring you even better access to advanced medical specialties, world-class expertise and clinical research. And to reflect these enhanced capabilities, we have a new name: UW Health Partners Watertown Regional Medical Center.

While much has changed for us over time, some things remain exactly the same — such as our compassionate physicians and staff and our commitment to always providing personalized, patient-centered care. Speaking for the past, present and future — it is a privilege and a pleasure to serve you and your family.

John Kosanovich, President and CEO

SHARING RESOURCES BRINGS GREATER INNOVATION



PAT CAINE,
BOARD PRESIDENT

Widely recognized for medical excellence and clinical expertise, UW Health could have its pick of medical partners. So why did this healthcare leader look to Watertown Area Health Services for an affiliation?

We too have made our mark as a quality provider and healthcare innovator. Over the years, we have consistently delivered on our mission to bring superior healthcare to you. Some of our most notable accomplishments include:

- Being a pioneer in electronic medical records and earning national recognition as a "Most Wired" hospital five times in the past six years — one of a select group of hospitals nationally to hold this honor
- Bringing state-of-the-art technology to Watertown, including digital radiography, breast MRI, digital suites and computer-assisted surgical navigation for total joint replacement
- Introducing highly specialized care locally, such as maternal-fetal medicine specialists to care for expectant moms and their unborn babies who may be at high risk for health problems
- Consistently ranking in the top 10 percentile in patient satisfaction scores
- Establishing an award-winning women's health program that offers comprehensive, advanced services in a single, spalike location

We have always worked to make sure healthcare in Watertown was equal to that available anywhere. Now, with UW Health as our partner, we can exceed this commitment to you more than ever before.

Pat Caine, Board Chairman

DELIVERING ON OUR MISSION

What can you expect at the new UW Health Partners Watertown Regional Medical Center? The same friendly, personalized care you've always trusted along with significantly expanded capabilities. That means that — more than ever — you can access leading-edge healthcare right here in Watertown.

The University of Wisconsin School of Medicine and Public Health invests millions of dollars in clinical research studies, giving you first access to the most advanced treatments available. We can also tap the expertise of more than 1,100 Foundation physician specialists who teach at the University of Wisconsin School of Medicine and Public Health, in all clinical areas, whenever needed.

LEADING-EDGE HEART AND VASCULAR CARE

Thanks to our partnership with UW Health and significant investments in facilities and technology, you have convenient local access to world-class heart and vascular care, including:

- Advanced diagnostics, including ultrasound and stress testing
- Cardiac catheterization lab
- Electrophysiology services for the diagnosis and treatment of irregular heartbeats
- Cardiac rehabilitation and disease management

With these services readily available at Watertown Regional Medical Center, the majority of our cardiac patients can receive their diagnosis, treatment and follow-up care right here in Watertown.