

- **Cardiac rehabilitation** – Following a heart attack or other heart problem, we design a personalized, medically supervised exercise and education program to improve your quality of life.
- **Preventative heart services** – The best way to treat heart disease is to prevent it before it occurs. From heart scans to wellness education, we offer comprehensive heart-healthy programming.

**WE'RE BEATING HEART DISEASE, BETTER THAN EVER**

Our Heart and Vascular Center is the only full-service cardiac program available in the region. You've asked us to provide specialty services and we are proud to provide this level of experience in Watertown.

*For more information, please call (920) 262-4449.*

**UW Health Partners**  
 Watertown Regional  
 Medical Center



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 Watertown Regional  
 Medical Center

125 Hospital Drive, Watertown, WI 53098

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**WORLD-CLASS HEART CARE  
 IN THE HEART OF WATERTOWN**

**UW Health Partners**  
 Watertown Regional  
 Medical Center

## BRINGING ADVANCED HEART AND VASCULAR CARE TO YOU

UW Health Partners Watertown Regional Medical Center offers advanced heart and vascular care, right here in Watertown. Through our new partnership with UW Health, patients have access to groundbreaking research, cutting-edge technology, and the same expertise that has earned UW Hospital and Clinics recognition as a Thomson Top 100 Cardiovascular Hospital®. And best of all, our world-class heart and vascular services are combined with the personalized, compassionate care you trust.

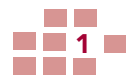
## COMPREHENSIVE HEART AND VASCULAR SERVICES

From early detection of risk factors to rapid response during a heart attack, access to quality heart care is saving lives. Backed by more than 1,100 UW Health physician specialists, our heart and vascular team includes experts in all areas of cardiovascular care. Our diagnostic and interventional technologies are some of the most advanced in the area, allowing us to offer a full range of options for prevention, diagnostic procedures, treatment and follow-up care.

### ADVANCED DIAGNOSTIC SERVICES

At our Heart and Vascular Center, we offer a full scope of advanced diagnostic procedures — including one of the area's most advanced catheterization labs — to provide our cardiac specialists with the information they need to make a diagnosis, determine the severity of your condition and develop the best treatment plan. Services include:

- **Heart ultrasound** – Also called an echocardiogram, this test uses ultrasound waves to produce images of your heart.
- **Stress testing** – This test, which is performed on a treadmill, shows how blood flows to your heart during physical activity.



- **Cardiac catheterization** – This procedure helps locate narrowed coronary arteries and determines how well your heart is functioning. A cardiologist threads a catheter through your artery to your heart. X-ray images reveal how injected dye moves through your blood vessels and heart.



- **Electrophysiology services** – Patients diagnosed with abnormal heart rhythms and those with pacemakers have access to a variety of diagnostic tests and treatment procedures.
- **Holter monitoring/cardiac event recording** – By attaching patches to your skin, our specialists can monitor the electrical activity of your heart over a period of time.
- **Tilt-table testing** – This simple procedure studies how changes in body position impact your heart rate and blood pressure.



- **Peripheral vascular disease (PVD) testing** – Tests are available to look for PVD, which is most commonly caused by hardening of the arteries.

### INTERVENTIONAL SERVICES

We offer a variety of interventional treatments for heart and vascular diseases, all performed in our state-of-the-art cardiac catheterization lab. Procedures offered include:

- **Vascular angioplasty and stenting** – In this procedure, a balloon catheter widens a narrowed artery and a small metal stent can be placed to keep the artery open.
- **Pacemakers and defibrillator implantation** – Implanted cardiac devices are surgically placed under your collarbone to help your heart maintain a normal beat.
- **Cardiac ablations** – Used to treat arrhythmias, or abnormal heart rhythms, this nonsurgical procedure uses a catheter to destroy abnormal electrical pathways in your heart.

### DISEASE MANAGEMENT

While cardiovascular disease is always serious, millions of people diagnosed with it can continue to enjoy active lives by learning to properly manage their conditions. Our Heart and Vascular Center experts can help through services such as:

- **Heart Failure Clinic** – Patients diagnosed with heart failure find ways to live more comfortable and productive lives.
- **Arrhythmia Management Center** – We offer a variety of electrophysiology services to help control and correct irregular heartbeats.

